

Hudson School District Community Services

Spring Swimming Lessons

Classes are on Monday and Thursday evenings at Hudson Middle School pool. Cost is \$50.00 per session per child.

Dates - Session A: March 1, 4, 8, 11, 22, 25, 29 & April 1

Times: 6:00-7:00 PM Level 1, 2, or 3
7:00-8:00 PM Level 2, 3, or 4/5

Dates – Session B: April 5, 8, 12, 15, 19, 22, 26, 29

Times: 6:00-7:00 PM Level 1, 2, or 3
7:00-8:00 PM Level 2, 3, or 4/5

Level Definitions

Your child/ren should be able to complete the following tasks to pass on to the next level.

Level 1 – This is a water exploration class- your child should be able to stay in the pool and feel comfortable in the water by the end of this session.

Level 2 – Children will be working on the front and back float. Children will be learning to do some of the strokes. To pass this level, your child should be able to do the front and back float for 3 seconds without assistance.

Level 3 – Children will be learning to do all the strokes in this class. To pass this level, your child/ren should be able to do all the strokes and have the physical maturity to swim the length of the pool.

Level 4/5 – Children will be continuing the lessons from previous levels with stroke development and endurance

Lesson Information

- *Pool temperature is kept at 82 degrees*
- *We are not able to move children from one level to another*
- *Children must be 5 years old to be in level 1-we do require a copy of their birth certificate for this level.*
- *Children do not pass levels quickly, please talk to them about this to avoid disappointment*
- *Registration can be done in person or mail at the Community Services Office. Our office hours are 9:00 am-3:00 pm, Monday-Friday. Enter on Oak Street- you will need to ring the bell for entry*
- *Call Community Services at 377-3722 with any questions*

Swimming Lessons Registration Form

Participant's Name _____ Age _____

Address _____

Phone _____
(Daytime) _____ (Evening) _____

First Choice Level _____ Time _____ Second Choice Level _____ Time _____

Session _____ Session _____

Make checks payable to: Hudson Community Services (HCS)
Mail to: 421 Oak Street, Hudson, WI 54016

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